



A PUBLICATION OF FACULTY OF PHARMACY BBDNIIT, LUCKNOW

# PHARMAZEAL 2024



Presented By:  
**FACULTY OF PHARMACY, BBDNIIT, LUCKNOW**  
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# PHARMAZEAL

# 2024

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## ***Director Speaks...***

I am delighted to inform you that the Faculty of Pharmacy, BBDNIIT Lucknow, is publishing the annual departmental publication "PHARMAZEAL 2024" for the current academic year. It provides a forum for the development of academic, creative, athletic, and learning proficiencies in each student via the magazine. As you peruse the pages, you will become enlightened regarding the significant milestones that the college has accomplished thus far in the year. Furthermore, the creative expression of their thoughts, ideas, ambitions, feelings, aspirations, and convictions has been observed among our burgeoning talents. Both faculty members and students are sent to seminars, workshops, and conferences in order to significantly enhance their skill sets. I am delighted to congratulate the entire faculty, staff, editorial board, and student body of the Faculty of Pharmacy at BBDNIIT on the publication of PHARMAZEAL Magazine 23–24.

I wish you the very best.



**(Prof.) Dr. Shailendra K. Saraf**

**Director, Faculty of Pharmacy, BBDNIIT  
Lucknow**

## VISION AND MISSION

# FACULTY OF PHARMACY

### VISION



**To become a centre of eminence in pharmacy education and research with an innovative and inclusive approach.**

### MISSION

- To excel in pharmacy education and research by dissemination of cutting-edge knowledge and skills for sustainable health care.
- To inculcate values in the next generation stakeholders with a humane and personal approach.
- To promote a culture of innovation and entrepreneurship by fostering a diverse and inclusive community with a global outlook.
- To create an ecosystem of cooperation, coordination and collaboration through national and international engagements.



**BABU BANARASI DAS NORTHERN INDIA INSTITUTE OF TECHNOLOGY**  
**(Recognised by PCI, affiliated to AKTU, Lucknow, & BTE UP, Lucknow)**





Sketches Made by RIYA GUPTA (B. Pharm 3<sup>rd</sup> Year)



## GLIMPSES FROM EVENTS



## GLIMPSES FROM EVENTS

# SESSION 2023-2024



*Utkarsh*



*Utkarsh*



*Utkarsh*



*Pharmacy Week*



*Pharmacy Week*



*Pharmacy Week*

**GLIMPSES FROM EVENTS**

## MEDICINES AND PATIENT'S BELIEFS

Medicines play a vital role in modern healthcare offering solutions to countless ailments and improving quality of life for millions. Yet, behind every prescription lies a complex interplay of science, culture and individual beliefs. Understanding and addressing patient beliefs is crucial for optimizing treatment outcomes and fostering a trusting relationship between healthcare providers and patients.

**The power of prescription: How beliefs shape treatment-** Beliefs about medicines are deeply ingrained and can significantly influence how individuals perceive and respond to treatment. Positive beliefs can enhance the placebo effect, leading to improved outcomes even when the medication itself has no active ingredient. Conversely, negative beliefs, such as fear of side effects or skepticism about efficacy, can undermine treatment adherence and effectiveness.

**Cultural influences on medication beliefs-** Cultural factors play a profound role in shaping beliefs about medicines. Practices such as traditional herbal remedies, spiritual healing and familial influences can all impact how individuals approach modern medical treatments. Understanding and respecting cultural beliefs are essential for healthcare providers to deliver culturally competent care and foster trust with patients from diverse backgrounds.

**The importance of patient education-** Empowering patients with accurate information about their medications is key to addressing misconceptions and building trust. Providing clear explanations about how medications work, potential side effects, and expected benefits can help alleviate fears and uncertainties.

**Building trust and collaboration-** Ultimately, the relationship between patients and healthcare providers is built on trust and collaboration. By acknowledging and respecting patient's beliefs, providers can establish a foundation of mutual respect and understanding.

Medicines are not just molecules; they are imbued with meaning and significance shaped by individual experiences, cultural norms, and societal influences. Regarding the importance of patient beliefs and integrating them into the treatment process is essential for delivering patient-centered care and promoting positive health outcomes.

**ABHIVYAKTI BY DIXA BAUDH, 4th year**

## **Khelo India University game 2023;- A student's Perspectives**

1. Khelo India University game was a multi sports tournament that provided a platform for athletes to show their skills & competence at national level.
2. Khelo India University game was a multi sports tournament that provided a platform for athletes to show their skills & competence at national level.
3. BBD campus was converted into a sports village for the duration of Khelo India University games, and was named the village “khel gaon”
4. The opening ceremony for the game held in the BBD campus while the closing ceremony was in Varanasi
5. There will be cultural events held that will also take place during the inaugural function.
6. The entire BBD campus was seen in the colors of Khelo India University games with branding of games seen everywhere.
7. A total 21 competitions were organized during the 10 days event and each volunteer will be paid Rs 500/day.
8. BBD organized the events such as archery, badminton, judo, mallakhambh and table tennis, on its own playground

**ABHIVYAKTI by Faishal, 3<sup>rd</sup> year**

## BEING SMART

- Your Studies should be like important notifications of your phones, you see quickly you read it.
- Use of smartphones are prohibited in institutions to help you become smart be as smartphones themselves contains the word “Smart” But reduces yours’s
- Being Technically smart with smart gadgets is fair, but only being technically smart without studies is not fair

BY: MOHD AYAN, (B. Pharm 3<sup>RD</sup> Year)

## **Title: Remembering the Legacy of Nitya Anand Sir: A Pillar of the Indian Pharmacopoeia Commission....**



Nitya Anand Sir, a stalwart in the field of pharmacology, left an indelible mark on the Indian Pharmacopoeia Commission (IPC) through his unwavering dedication and pioneering contributions. His demise leaves behind a void that resonates across the pharmaceutical landscape. Let us reflect on his profound impact and lasting legacy.

An erudite scholar and visionary leader, Nitya Anand Sir's journey with the IPC spanned decades, during which he played a pivotal role in shaping the standards and regulations governing pharmaceuticals in India. His astute guidance and meticulous attention to detail elevated the IPC to new heights, establishing it as a beacon of quality and excellence in the realm of pharmacopoeia.

Under his stewardship, the IPC witnessed unprecedented growth and modernization, with emphasis placed on harmonizing Indian Pharmacopoeial standards with global benchmarks. Nitya Anand sir's foresight paved the way for enhanced collaboration with international regulatory bodies, fosteringmutual recognition and facilitating the seamless exchange of pharmaceutical products across borders.

Beyond his administrative acumen, Nitya Anand Sir was renowned for his groundbreaking research in natural products chemistry and drug discovery. His pioneering work in elucidating the chemical structures and pharmacological properties of indigenous medicinal plants not only enriched the Indian pharmacopoeia but also contributed to the development of novel therapeutic agents with immense societal impact.

As a mentor and educator, Nitya Anand Sir inspired countless students and researchers to pursue excellence in pharmaceutical sciences. His passion for knowledge dissemination and commitment to nurturing the next generation of pharmacists and scientists left an indelible imprint on the academic landscape, perpetuating his legacy for years to come.

In commemorating Nitya Anand Sir's remarkable legacy, it is imperative to reaffirm our commitment to upholding the highest standards of quality, safety, and efficacy in pharmaceuticals. His tireless dedication to advancing the mission of the IPC serves as a guiding light, inspiring us to strive forexcellence in every facet of our work.

Though Nitya Anand Sir may no longer be with us in person, his spirit lives on in the enduring impact of his contributions to the field of pharmacopoeia and pharmaceutical sciences. As we pay tribute to his memory, let us honor his legacy by continuing to pursue innovation, integrity, and excellence in the service of public health and wellbeing.

**Girish Iyer (B. Pharm 3<sup>rd</sup> Student)**

## **DEPARTMENTAL NEWS (WHAT'S NEW)**

- ❖ Rich herbal varieties of plants adorning Herbal Garden Welcome to the Pharmacy Department's Herbal Garden, a sanctuary of botanical diversity boasting an Impressive-array of 70 - 80 different species. Within these cultivated grounds, students and researchers alike have the opportunity to explore the rich tapestry of medicinal plants Each with its own unique properties and potential therapeutic benefits. From traditional remedies to modern pharmaceutical Innovations, our Herbal Garden serves as both a living classroom and a source of inspiration for the study and advancement of herbal medicine. Join us as we delve into the fascinating world of botanical pharmacology and unlock the secrets of nature pharmacy.
- ❖ The newly introduced Melting Point Apparatus in the pharmacy Department, between June 2022 and 2023, represents a cutting-edge addition to our laboratory infrastructure. This sophisticated instrument enables precise determination of the melting points of various substances, a crucial parameter in pharmaceutical research and quality control. The Melting Point Apparatus empowers students and researchers to characterize and analyse pharmaceutical compounds with unprecedented accuracy and efficiency.
- ❖ September 25th 2023, On World Pharmacist Day, the pharmacy department expanded its herbal garden by Introducing a variety of new herbal plants. This initiative aimed to enrich student's learning experiences and promote the study of herbal medicine. The addition of diverse herbal species provided opportunities for research, education, and cultivation of medicinal plants. By enhancing the herbal garden, the pharmacy department underscored its commitment. To holistic healthcare and sustainable practices, empowering future pharmacists with Knowledge of traditional and alternative therapies.

- ❖ The model pharmacy established within the pharmacy department serves as a hands-on learning environment for students. It contains various 2D models illustrating pharmaceutical concepts and products related to the field. Students Synthesize, Pack and label pharmaceutical products of their practical training, gaining valuable experience in compounding, packaging and labelling medications. This experiential learning approach allows students to apply theoretical knowledge to real world scenario, preparing them for future careers in pharmacy practice. Additionally, the model pharmacy fosters innovation and creativity, encouraging students to explore new ideas and approaches in pharmaceutical sciences

## **PLACEMENT DRIVE: TRAINING & PLACEMENT CELL**

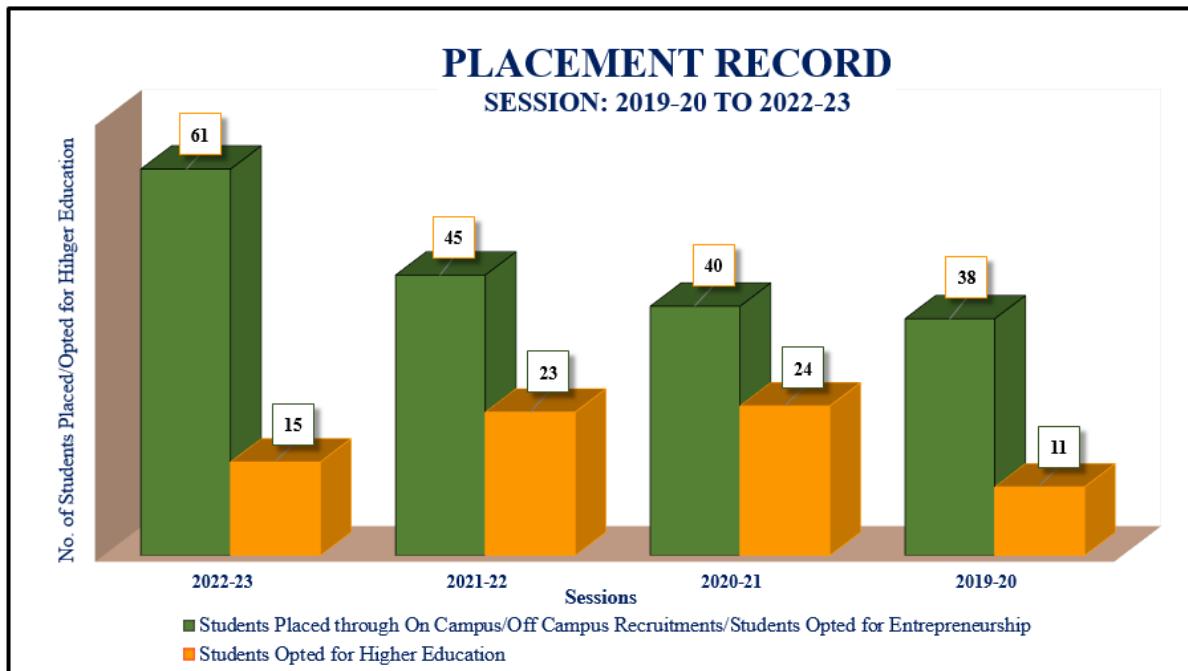
**Following students have been selected through Campus Placement Drive for Alembic Pharmaceuticals Ltd., conducted on 13.02.2024**

S.NO.	NAME	COLLEGE NAME	HIGHEST QUALIFICATION
1.	Aditya Raj	BBDNIIT, LUCKNOW	B. Pharm
2.	Ankit Kumar	BBDNIIT, LUCKNOW	B. Pharm
3.	Krishna Agarwal	BBDNIIT, LUCKNOW	B. Pharm
4.	Prashant	BBDNIIT, LUCKNOW	B. Pharm
5.	Abhay Chandra	BBDNIIT, LUCKNOW	B. Pharm
6.	Yogesh Tiwari	BBDNIIT, LUCKNOW	B. Pharm
7.	Ajeet Pratap Singh	BBDNIIT, LUCKNOW	D. Pharm
8.	Ritesh Kumar	BBDNIIT, LUCKNOW	D. Pharm
9.	Satyam Mishra	BBDNIIT, LUCKNOW	D. Pharm
10.	Surjeet Yadav	BBDNIIT, LUCKNOW	D. Pharm

# CONGRATULATIONS!



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 FACULTY OF PHARMACY  
 TRAINING & PLACEMENT CELL  
 OUR REGULAR RECRUITERS



SUCCESS STORIES**IQRA KHAN****(2023)**

My name is **Iqra Khan**.

I have done my B. Pharm (2022-23) from Faculty of Pharmacy, BBDNIIT, Lucknow

I'm glad to share that I got campus placed at **Nestle Nutrition** as a **Nutrition Officer** in Lucknow.

Nestle is an MNC and one of the largest FMCG company, I have huge growth opportunities for my career in this industry.

**ASHISH BHATIA****(2022)**

I am **Ashish Bhatia**, graduated from BBDNIIT with flying colors, armed with a degree in pharmaceutical sciences. Fueled by ambition and a passion for making a difference in the healthcare sector, and I got an opportunity to join India's leading pharmaceutical company. During the joining process I got my mentorship from my respected teachers and I also got chance to exchange words with my seniors. Their previous experience and expertise helps me a lot to understand the hiring process.

With my determination and perseverance, I applied for a trainee position at Sun pharma and impressed the hiring managers with my knowledge, enthusiasm, and willingness to learn. After securing the position I was eagerly embarked on my journey with the company.

Within just one year of joining Sun pharma, due to my exemplary performance caught the attention of senior management. Impressed by my initiative, leadership potential, and ability to deliver results, I was promoted from a trainee to an executive position.

As an executive at Sun pharma, I continued to excel, taking on more responsibilities, leading projects, and making valuable contributions to the company's success. My journey from a college graduate to a high-performing executive at India's number one pharmaceutical company serves as an inspiring success story, demonstrating the power of ambition, hard work, and determination in achieving one's career goals.

### **SHANU MALHOTRA**

**(2009)**



I am **Shanu Malhotra** currently working **Managing Director** of **Medi green Pharmaceuticals Ltd.**

I have done my B. Pharm (2008-09) from BBDNIEC, Lucknow.

With immense pleasure, I want to express my gratitude to the learnings.

I received from the industry while working in reputed pharmaceutical companies from **2012 to 2017**.

I founded Medi green Pharmaceuticals in 2018 with an impetus aim to fill in the pharmaceutical industry gaps. The journey continued from one organization to another and the time from 2013 to 2017 February flew away till the dream to start with scratch from all the learnings happened all over again in 2017 with a Retail pharmacy Store which has now been developed as a distribution channel. The journey continued from one organization to another and the time from 2013 to 2017 February flew away till the dream to start with scratch from all the learnings happened all over again in 2017 with a Retail pharmacy Store which has now been developed as a distribution channel in 2024 and the pharmaceutical organization started in 2018 with an impetus aim to fill in the pharmaceutical industry gaps. It's now been almost 7 years of entrepreneurship and a team of workaholics. The journey as Medi green Pharmaceuticals began from Lucknow in October 2018 and continued to all over Uttar Pradesh (including Varanasi, Prayagraj, Kanpur, Agra) and Delhi NCR (Delhi, Gurgaon, Faridabad, Noida, Ghaziabad) market and associated smaller towns as well in these 6 years of Medigreen Pharmaceuticals step by step.

**Dr. Aman Mohan Mishra  
(2013)**



Dr. Aman Mohan Mishra, a 2013 graduate of the Pharmacy Department, currently serves as a Team Leader in Public Health Management and Leadership. With a rich background including experience at WHO and expertise in Health System Strengthening and Universal Health Coverage, Aman is a seasoned public health professional with 9 years of international, national, and sub-national experience. Holding a postgraduate degree in Epidemiology and Public Health, Aman excels in advocacy, implementation, performance management, and research analysis. As a Team Lead, he provides technical support in health system strengthening in Uttar Pradesh, India, collaborating with renowned institutions like Johns Hopkins Bloomberg School of Public Health. Aman has collaborated with various development partners, leading research studies and operational initiatives to enhance comprehensive primary healthcare, maternal and child health, and other essential health services, contributing to the achievement of Sustainable Development Goals.

**Mr. Himanshu Mishra  
(2007)**



Mr. Himanshu Mishra, a 2007 graduate of the Pharmacy Department, currently serves as a Senior Sales Manager at Galpha Labs Ltd. With 15 years of experience in the Marketing, Mr. Himanshu has honed his expertise in Sales Department. He has undergone Sales Representative at Dr. Reddy Labs Ltd. Followed by Area Sales Manager than Senior Regional Manager at JB Chemicals, Gujarat followed by Divisional Sales Manager at Hetero Healthcare Ltd., Mumbai. Due to his great work Himanshu promoted for Zonal Sales Manager in 2017. After few years he switched for Franco Indian Pharmaceuticals Ltd. as Sales Manager, Mumbai. Currently he is working as Senior Sales Manager for Mumbai at Galpha Labs Ltd.

**ALUMNI SPEAKS****(Letter to the Director)****Mr. Anugrah Srivastava (2008)**

I, Mr. Anugrah Srivastava, from the esteemed batch of 2008, share my journey of success. Beginning in our esteemed pharmacy department, I now thrive as a Consultant Intellectual Property Specialist at Tollmark in the USA. The interdisciplinary skills and critical thinking nurtured here have propelled my career in patent law. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in the global arena of intellectual property. Thank you for nurturing my journey.

**Dr. Neeraj Singh (2010)**

I, Dr. Neeraj Singh, from the esteemed batch of 2010, share my journey of success. From our esteemed pharmacy department, I now serve as an Assistant Professor at IIM Rohtak in Haryana. The analytical skills honed here have paved my path in academia. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in the prestigious realm of management education. Thank you for nurturing my academic pursuits.

**Dr. Shatrunjay Shukla (2011)**

I, Dr. Shatrunjay Shukla, from the esteemed batch of 2011, share my journey of success. Commencing in our esteemed pharmacy department, I now excel as a Scientist at IPC in Ghaziabad. The research skills and scientific acumen fostered here have propelled my career in pharmaceuticals. I extend heartfelt gratitude to the faculty for their mentorship. It's an honor to represent our alma mater in advancing pharmaceutical sciences. Thank you for nurturing my journey.

**Ms. Ira Sanskritayan (2012)**

I, Ms. Ira Sanskritayan, from the esteemed batch of 2012, share my journey of success. Starting in our revered pharmacy department, I now excel as a Process Specialist at Infosys Technology Pvt. Ltd. in Bangalore. The analytical skills and attention to detail fostered here have been crucial in my career advancement. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in the tech industry. Thank you for shaping my path.

### **Mr. Santosh Rai (2013)**

I, Mr. Santosh Rai, from the esteemed batch of 2013, share my journey of success. Starting in our esteemed pharmacy department, I now excel as an Executive Quality Assurance at Alembic Pharmaceuticals in Sikkim. The comprehensive education and practical skills acquired here have been instrumental in my career growth. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in ensuring pharmaceutical quality. Thank you for nurturing my path.

### **Mr. Deepak Kumar (2013)**

I, Mr. Deepak Kumar, from the esteemed batch of 2013, share my journey of success. From our esteemed pharmacy department, I now thrive as an Area Sales Manager at Macleod Pharmaceuticals in Lucknow. The strategic thinking and communication skills honed here have been pivotal in my career advancement. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in pharmaceutical sales. Thank you for shaping my path.

### **Mr. Alok Mishra (2017)**

I, Mr. Alok Mishra, from the esteemed batch of 2017, share my journey of success. Starting in our revered pharmacy department, I now excel as an Area Business Manager at INTAS Pharmaceuticals in Lucknow. The comprehensive education and practical experience gained here have been instrumental in my career growth. I extend heartfelt gratitude to the faculty for their guidance. It's an honor to represent our alma mater in pharmaceutical management. Thank you for nurturing my path.

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## PROGRAM EDUCATIONAL OBJECTIVES & PROGRAM OUTCOMES

### FACULTY OF PHARMACY

#### PROGRAM EDUCATIONAL OBJECTIVES (PEO's)

##### **PEO1-Aptitude**

- To develop graduates as professionals with conceptual knowledge and technical skills required for successful careers in varied domains.

##### **PEO2-Creativity**

- To engage students in collaborative research and provide innovative solutions to challenges for the betterment of mankind.

##### **PEO3-Morality**

- To inculcate professionalism and ethical commitment in the stakeholders to develop healthcare professionals with high moral standards and fundamental human values.

##### **PEO4-Strategy**

- To prepare graduates with a multidisciplinary approach encompassing positive perspective, conduct and spirit.



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### FACULTY OF PHARMACY PROGRAM OUTCOMES

- Pharmacy Knowledge:** Possess knowledge and comprehension of the core and basic knowledge associated with the profession of pharmacy, including biomedical sciences; pharmaceutical sciences; behavioural, social, and administrative pharmacy sciences; and manufacturing practices.
- Planning Abilities:** Demonstrate effective planning abilities including time management, resource management, delegation skills and organizational skills. Develop and implement plans and organize work to meet deadlines.
- Problem Analysis:** Utilize the principles of scientific enquiry, thinking analytically, clearly and critically, while solving problems and making decisions during daily practice. Find, analyse, evaluate and apply information systematically and shall make defensible decisions.
- Modern Tool Usage:** Learn, select, and apply appropriate methods and procedures, resources, and modern pharmacy-related computing tools with an understanding of the limitations.
- Leadership Skills:** Understand and consider the human reaction to change, motivation issues, leadership and team-building when planning changes required for fulfilment of practice, professional and societal responsibilities. Assume participatory roles as responsible citizens or leadership roles when appropriate to facilitate improvement in health and well-being.
- Professional Identity:** Understand, analyse and communicate the value of their professional roles in society (e.g., health care professionals, promoters of health, educators, managers, employers, employees).
- Pharmaceutical Ethics:** Honour personal values and apply ethical principles in professional and social contexts. Demonstrate behaviour that recognizes cultural and personal variability in values, communication and lifestyles. Use ethical frameworks; apply ethical principles while making decisions and take responsibility for the outcomes associated with the decisions.
- Communication:** Communicate effectively with the pharmacy community and with society at large, such as, being able to comprehend and write effective reports, make effective presentations and documentation, and give and receive clear instructions.
- The Pharmacist and Society:** Apply reasoning informed by the contextual knowledge to assess societal, health, safety and legal issues and the consequent responsibilities relevant to the professional pharmacy practice.
- Environment and Sustainability:** Understand the impact of the professional pharmacy solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development.
- Life-Long Learning:** Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change. Self-assess and use feedback effectively from others to identify learning needs and to satisfy these needs on an on-going basis.



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## PHARMACIST'S OATH



I Swear by the code of Ethics of Pharmacy Council of India in relation to the community and shall act as an integral part of health care team.

I shall uphold the laws and standards governing my profession.

I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and public health.

I shall follow the system, which I consider best for pharmaceutical care and counseling of patients.

I shall endeavour to discover and manufacture drugs of quality to alleviate sufferings of humanity.

I shall hold in confidence the knowledge gained about the patients in connection with professional practice and never divulge unless compelled to do so by the law.

I shall associate with organizations having their objectives for betterment of the profession of Pharmacy and make contribution to carry out the work of those organisations.

While I continue to keep this Oath inviolated, may it be granted to me to enjoy life and the practice of pharmacy respected by all, at all times!

Should I trespass and violate this oath, may the reverse be my lot!



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